Get to know your health insurance!

Health insurance can be confusing. Here's a list of health care terms you might need to know to help you choose a plan and then use that plan effectively.

- **OPEN ENROLLMENT** The period of time each year when a health insurance plan allows members to enroll or change their plan.
- **PREMIUM** The amount you or your employer pays each month in exchange for your health insurance.
- **COPAY** The fixed amount you pay up front when you receive a medical service. For example, some plans require a \$10 copay for a visit to your Primary Care Physician and a \$20 copay for a visit to a specialist.
- **DEDUCTIBLE** The amount that you must pay for medical services before your health insurance plan begins to pay a part. After this, the insurance covers their percentage of your services. The lower your deductible, the sooner your insurance starts to pay
- **COINSURANCE** This is the percentage that you pay of your medical bills. For example, if your coinsurance percentage is 90/10 and the cost of your x-ray was \$1000, your insurance would cover \$900 of the bill, and you would only have to pay \$100. This charge is in addition to your copay. You pay your coinsurance until you reach your out-of-pocket maximum.
- **OUT-OF-POCKET MAXIMUM** This is the most you will have to pay for your medical expenses for the entire year, as long as they are covered and in-network. After you reach this amount, your insurance pays 100% of covered, in-network medical bills.
- **IN-NETWORK** Providers who your insurance company has negotiated a discount for medical services with are in-network. You pay less when you stay in-network for your care.
- **OUT-OF-NETWORK** Providers who your insurance company has not negotiated a discount for medical services with are out-of-network. You pay more when you receive out-of-network care.
- **PROVIDER** Any person or institution that provides medical care. Examples of providers include doctors, nurses, hospitals, and clinics.
- **CLAIM** A request by a plan member or health care provider that the insurance company pays for its share of a medical service. Your insurance plan receives a claim every time you receive medical care.
- **PRE-AUTHORIZATION** When your insurance requires a pre-authorization for a service or drug, your doctor must receive a pre-certification before you receive it. This ensures that the service or drug is medically necessary and that your insurance will help pay for it.



Don't let that minor pain turn into a major pain in your wallet.

Plan participants who go to the Emergency Room for non-emergencies will be penalized.

You will pay 50% of the total ER bill for non-emergencies.

What is a Non-Emergency?

Examples:

▲ Ear Infections

▲ Sprain

▲ Minor Burns

▲ Allergies

▲ Sore Throat

▲ Pink Eye

- ▲ Fever/Flu-Like Symptoms
- ▲ Urinary Tract Infections
- ▲ Upper Respiratory Infections

Going to the ER for minor issues is not the best way to get care. You have better options to get non-emergency treatment. Instead, go to:

- Your Primary Care Physician's office
- Urgent care center—Maximum \$50 copay (Not available for Advocate Plan members)
- Advocate Immediate Care Center—Maximum \$50 copay
- Advocate at Walgreens clinics

Attention: Very important information!

- ▲ For Union Medical Home or Union Health Services Plan Members:
- In case of an ER visit, you <u>must</u> contact your medical home as soon as possible and no later than 48 hours after emergency room treatment or an emergency admission to a hospital. Failure to notify your medical home may result in your being responsible for your entire Emergency Room bill.
- You must call your medical home before receiving immediate or urgent care treatment.
 - ▲ For UMC members (Nursing Home workers): Call (312) 829-1134
 - ▲ For UHS members (Home Care, Child Care, and Personal Assistant workers): Call (312) 423-4200
 - ▲ For other tips on how best to use your health insurance, call SEIU Healthcare IL Benefit Funds at **(773) 385-9300.**

This insurance is for you only; there is no dependent or spousal coverage.

If you have an uninsured family member or know someone who does not have health insurance, we can help. For assistance finding other coverage such as Medicaid, contact our benefit counselors directly at

1-855-SIGN-UP8 (1-855-744-6878).



Health Insurance Application



This application must be received in the Benefit Funds Office before ______to enroll or change your plan for ______2022.



Do you have a family member without health insurance coverage?

There is help available under the Affordable Care Act.

If you have an uninsured family member or know someone who does not have health insurance, we can help. For assistance finding other coverage such as Medicaid, contact our benefit counselors directly at

1-855-SIGN-UP8 (1-855-744-6878).

To see a list of Advocate Health Care System or HealthLink doctors near you, visit the

Advocate Health Care System (www.advocatehealth.com) and

HealthLink (www.healthlink.com) websites.

You can read the Summary of Benefits & Coverage enclosed in this mailing for information about each health plan. Fill out the application form in this brochure and mail it back before _____

If you have any questions, you can call SEIU Healthcare IL Benefit Funds to speak to one of our representatives or schedule an appointment at our office.

(773)385-9300

If you are not enrolling today because you have other health insurance, you may be able to enroll later if you lose coverage. You must contact us within 30 days of losing coverage at **(773) 385-9300.**



BENEFIT FUNDS OFFICE

2229 S Halsted St., Suite 122, Chicago, IL 60608

www.seiuhcilin.org/resources/healthcare/ PH (773)385-9300 FAX (773)385-8367



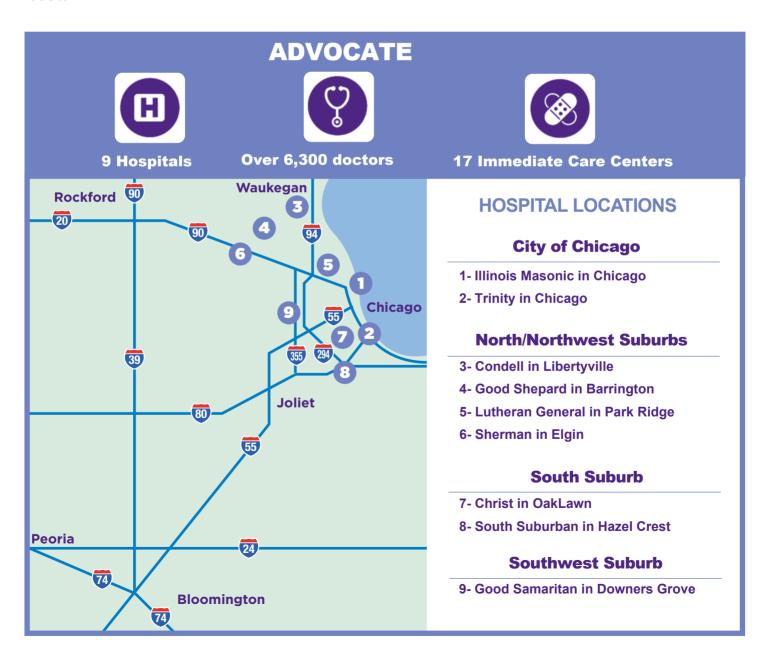
Stay safe and wear your mask



SEIU Healthcare IL Benefit Funds offers two great plans to choose between.

The **Advocate Premier Plan** gives our members exclusive access to Advocate Aurora Health Care System's large network of 9 hospitals, 17 Immediate Care Centers, and over 6,300 doctors in the greater Chicagoland and Central Illinois area. All of your care will be provided by Advocate physicians. **This Plan does not provide benefits for out-of-network services.** Advocate provides a wide range of doctors at a low cost.

The **PPO** (**HealthLink**) **Network Plan** provides access to HealthLink doctors across Illinois. It offers the widest range of doctors available, but also has the highest costs.



We provide two great plans to best meet your needs.

Take a look at the chart if you need help choosing a health plan.

- ▲ I have an Advocate doctor very close to me OR I don't mind traveling a bit for a doctor's visit.
- ▲ I want to receive all of my care from one network of doctors who work together to manage my care.
- ▲ I want my Primary Care Physician to be very involved in my care, but I want the option to see specialists without a referral.
- ▲ I want the best of both worlds: a large choice of doctors and low costs.

If this sounds like you, the Advocate Premier Plan might be best for you!

All care is received through the Advocate Health Care System, which has over 5,000 doctors in Chicagoland and Central Illinois.

This Plan has no out-of-network benefits.

This Plan is a good middle ground if you want low costs, but also a wide range of doctors to choose from.

For a provider directory, visit **www.advocatehealth.com** or call **1-800-3-ADVOCATE** (1-800-323-8622).

- ▲ My Primary Care Physician is not a part of or the Advocate Health Care System, and I don't want to switch.
- ▲ I see a lot of specialists and don't want to have to ask my doctor to refer me.
- ▲ Access to the widest range of doctors is the most important thing for me when it comes to health insurance.
- ▲ I don't mind paying higher copayments and deductibles for more doctor choice.

If this sounds like you, the PPO (HealthLink Network) Plan might be best for you!

All care is received through the HealthLink network, which has the largest number of doctors available.

This Plan has the highest out-of-pocket costs, deductibles, and copayments.

For a provider directory, visit **www.healthlink.com** or call **1-800-624-2356**.

Plan Details for In-Network Benefits	Advocate Premier Plan	PPO (Health Link Network)
Yearly Deductible	\$100	\$150
Yearly Out-of-Pocket Maximum	\$1,500	\$1,500
Rx Yearly Out-of- Pocket Maximum	\$3,600	\$5,100
Co-pay for Physician Care	\$10 copay	\$15 copay
Co-pay for Specialist Visit	\$10 copay	\$15 copay
Other Primary Care (diagnostics, labs, etc.)	90% coverage	80% coverage
Ambulatory Surgery	90% coverage	80% coverage
Hospitalization	90% coverage	80% coverage
Urgent Care Visit/Immediate Care Visit	\$10 copay	\$15 copay
Emergency Room (waived if admitted)	\$100 copay	\$200 copay
Out-of-Network Coverage	NOT COVERED	50% coverage
Life Insurance through Sun Life	\$5,000	\$5,000
Accidental Death & Dismemberment through Sun Life	\$5,000	\$5,000
Vision Discount including discounted lenses, frames, ophthalmology, medical eye exams, surgical procedures	Provided through VSP	Provided through VSP

APPLICATION FOR HEALTH COVERAGE

CHECK A BOX If you are currently enrolled and you change.	you do not retu	rn this applice	ation, your plo	an selectio	on will
I am enrolling for the first tim below (please complete the e			an to the plar	n selected	
2 CHOOSE A PLAN					
Advocate Premier P This Plan provides no out-of-network ber			(HealthL	ink) Pl	an
□ld	ecline medic	al coverag	е.		
3 Select a Primary Care Ph	nysician (PC	P).			
(PCP Name)					
Complete Form (Please Print)					
Employee Name		Home Phone	e ()		
Email Address		Cell Phone	()		
Home Address					
City		State	ZIP		
Social Security Number	Date of Birt	h /	/ Sex	. M	□F
Name of Employer	☐ Full-time	☐ Part-time	Date of Hire	/	/
Marital Status ☐ Single ☐ Married ☐ Divorce	d □ Legally Separc	ited Widowed	Spouse's name		
Do you have other group insurance?	□Medicare □	Medicaid All	Kids Illinois		
	□Private Insuran	ce Spousal Ins	surance 🗌 other		
	ID#		Effective Date		
Member Signature			Date	/	/
By signing the above, I acknowledge the of the health plan, and will be requ			nd of the year for t		
By providing your cell phone numb your medical coverage, unless yo			-		
Email your completed	application to "	enroll@seiuhcl	benfund.ora."		

Questions? Please call the Benefit Funds Office at (773) 385-9300.

CC ADV PPO



Dear Child Care Provider,

As a SEIU Child Care Provider, you have Life and Accidental Death Insurance available to you if you meet the following criteria:

- 1. You are enrolled in an active health insurance plan at the time of your death.
- 2. You are currently working as a full-time employee at the time of your death.

If you meet the above criteria and you become deceased as defined under the criteria of the policy, your designated beneficiary may qualify for a one-time benefit up to \$5,000, and an additional \$5,000 for accidental death which is payable through SunLife.



1. Employee Information Your name: Your Social Security Number: 2. Beneficiary Designation (you may choose one or more beneficiaries) Beneficiary Name: Relationship to You: Beneficiary Address: Beneficiary Phone Number: Percentage Allocation: Beneficiary SSN: Beneficiary Date of Birth: Beneficiary Name: Relationship to You: Beneficiary Address: Beneficiary Phone Number: Beneficiary SSN: Beneficiary Date of Birth: Percentage Allocation: *If you would like to designate additional beneficiaries, provide the above information for those beneficiaries on the back of this form 3. Signature You must sign and date this form for your designation to become effective. Make a copy for your records and return this form to SEIU Healthcare Benefit Fund with your application. **Employee Signature** Date



SCOPE OF SERVICES (continued)

Vaccinations

- Chickenpox series (Varicella / Varivax)
- Flu (Influenza)
- Hepatitis A series
- Hepatitis B series
- Human Papillomavirus series (HPV / Gardasil 9) (Ages 9 - 26)
- Measles, Mumps, Rubella (MMRII)
- Meningitis (Meningococcal / Menactra)
- Pneumonia (Pneumococcal / Pneuomovax & Prevnar 13)
- Shingles (Herpes Zoster / Zostavax)
- Tetanus, Diphtheria, Pertussis/Whooping Cough (Tdap / Adacel & Boostrix) (Ages 7 and up)
- Tetanus, Diphtheria (Td / Tenivax) (Ages 7 and up)

Point of Care Testing

- Blood Glucose
- Rapid Strep
- Lipid Panel
- Urinalysis

Mono

- Urine Pregnancy
- Rapid Flu

Other Treatments

- Breathing treatments with nebulizer
- PPD / Tuberculosis testing



For a list of Advocate Health Care providers, including

- Primary Care Physicians (PCP's)
 - Specialists
 - Immediate Care Centers

visit:

to www.advocatehealth.com/findadoctor

or call:

1-800-3-ADVOCATE (1-800-323-8622)

or

SEIU Health Fund at 773-385-9300



Need additional help finding a provider, or have questions about your coverage?

Contact us by phone at

773-385-9300



SCOPE OF SERVICES

Acute Illness and Injury Care

- Acne
- Allergies (seasonal)
- Bronchitis
- Burns (minor)
- Cold
- Corneal (eye) abrasions
- Cough
- Diarrhea, nausea & vomiting
- Ear ache & ear infections
- Far wax removal
- Fczema
- Fever
- Flu
- Head lice
- Headaches & migraines
- Hives
- Impetigo
- Joint pain
- Laryngitis
- Minor back pain

- Minor cut & wound closure with skin adhesive
- Mononucleosis (Mono)
- Mouth & cold sores
- Pink eye and styes
- Poison ivy, poison oak & poison sumac
- Rashes
- Ringworm
- Scabies
- Sinus infections
- Skin infections & irritations
- Skin tag removal
- Sore throat & strep throat
- Splinter removal
- Sprains & strains
- Swimmer's ear
- Tick/insect bites & stings
- Upper respiratory infections
- Urinary tract infections

continued on inside



ADVOCATE Clinic at Walgreens LOCATIONS

CHICAGO

1633 W 95th St., Chicago, IL

11 E 75th St., Chicago, IL

1554 E 55th St., Chicago, IL

5600 W Fullerton Ave., Chicago, IL

3405 S King Dr., Chicago, IL

410 N Michigan Ave., Chicago, IL

1601 N Milwaukee Ave., Chicago, IL

79 W Monroe St., Chicago, IL

5625 N Ridge Ave., Chicago, IL

151 N State St., Chicago, IL

1601 N Wells St., Chicago, IL

SOUTH SUBURBS

522 Torrence Blvd.,., Calumet City IL
20002 S Wolf Rd., Mokena, IL
4740 W 95th St., Oak Lawn, IL
14680 La Grange Rd., Orland Park, IL
24801 W 135th St., Plainfield, IL
4822 Caton Farm Rd., Plainfield, IL
498 N Weber Rd., Romeoville, IL

NORTHERN SUBURBS

3 E Golf Rd., Arlington Heights, IL 15 N Buffalo Grove Rd., Buffalo Grove, IL 151 Northwest Hwy., Crystal Lake, IL 930 Elk Grove Town Center., Elk Grove Village 7501 Grand Ave., Gurnee, IL 12000 Princeton Dr., Huntley, IL 1770 N Milwaukee Ave., Libertyville, IL 910 N Rand Rd., Lake Zurich, IL 3925 W Elm St., McHenry, IL 9301 Waukegan Rd., Morton Grove, IL 1701 E Kensington Rd., Mount Prospect, IL 1825 Willow Rd., Northfield, IL 375 E Dundee Rd., Palatine, IL 800 Devon Ave., Park Ridge, IL 305 W Rollins Rd., Round Lake, IL 10 N Milwaukee Ave., Wheeling, IL

WEST SUBURBS

1207 N Randall Rd., Aurora, IL
6800 Ogden Ave., Berwyn, IL
101 Lily Cache Ln., Bolingbrook, IL
1000 Ogden Ave., Downers Grove, IL
324 Roosevelt Rd., Glen Ellyn, IL
5500 County Farm Rd., Hanover Park, IL
4101 First Ave., Lyons, IL
1799 Douglas Rd., Montgomery, IL
63 W 87th St., Naperville, IL
3351 W Main Street., St. Charles
200 E Roosevelt Rd., Villa Park, IL
1 East Ogden Ave., Westmont, IL

ADVOCATE HOSPITALS

Advocate Christ Medical Center

4440 West 95th Street, Oak Lawn IL60453

Advocate Condell Medical Center

801 South Milwaukee Avenue Libertyville IL 60048

Advocate Good Samaritan

3815 Highland Avenue Downers Grove II 60515

Advocate Good Shepherd Hospital

450 West Highway 22, Barrington IL 60010

Advocate Illinois Masonic Medical Center

836 W. Wellington Avenue, Chicago IL 60657

Advocate Lutheran General Hospital

1775 Dempster Street, Park Ridge IL 60068

Advocate Sherman Hospital

1425 N. Randall Road, Elgin IL 60123

Advocate South Suburban Hospital

17800 South Kedzie Avenue Hazel Crest IL 60429

Advocate Trinity Hospital

2320 East 93rd Street, Chicago IL 60617



For a list of Advocate Health Care providers, including

- Primary Care Physicians (PCP's)
 - Specialists
 - Immediate Care Centers

visit:

www.advocatehealth.com/physiciandirectory

or call:

1.800.3.ADVOCATE

SEIU Health Fund at 773-385-9300



Need additional help finding a provider, or have questions about your coverage? Contact us by phone at



Immediate Care Centers & Hospitals

ADVOCATE IMMEDIATE CARE CENTERS

Conditions We Treat:

- Allergies
- Backaches
- Coughs, Colds, Fevers
- Cuts Needing Stitches
- Earaches, Sinusitis and Strep Throat
- Dehydration
- Diarrhea
- Fractures and Athletic Injuries
- Gynecological and Urinary Problems
- Headaches
- Simple Wounds and Lacerations
- Mild stomach aches
- Minor Eve Problems and Nose Bleeds
- Minor Skin Infections and Burns
- Nausea
- Nosebleeds
- Poison Ivy
- Rashes
- Respiratory Illnesses
- Sore Throats
- Sprains, Strains, or Minor Broken Bones (no compound fractures)
- Urinary Tract Infections
- Vomiting
- X-rays available on site



773-385-9300



ADVOCATE IMMEDIATE CARE CENTER LOCATIONS

CHICAGO

Beverly 773-445-3500

9831 S Western Avenue Chicago, IL 60643 Mon. - Sat. 9am - 11pm, Sun. 10am - 11pm

Irving and Western 773-275-7700

4025 N. Western Avenue Chicago, IL 60618 Mon. - Fri. 5pm - 9pm, Sat. - Sun. 8am - 4pm

Sykes MLK Drive 312-842-7117

2545 S Martin Luther King Drive Chicago, IL 60616 Sat. 12pm - 8pm, Sun. 10am - 6pm

NORTH WESTERN SUBURBS

Algonquin 708-481-8883

600 S. Randall Algonquin, IL 60102 Mon. -Sun. 7am - 11pm

Elgin 224-783-4440

2320 Royal Blvd Elgin, IL 60123

Mon. - Fri. 7am - 9pm, Sat. - Sun. 7am - 4pm

South Elgin 224-783-5000

2000 McDonald Road South Elgin, IL 60177 Mon. - Fri. 7am - 9pm, Sat. - Sun. 7am - 4pm

NORTHERN SUBURBS

Niles 847-647-0355

7255 North Caldwell Niles, IL 60714 Mon. - Fri. 8am - 8pm, Sat. - Sun. 8am - 4pm

Glenview, Waukegan Road 847-901-9880

1412 Waukegan Road Glenview, IL 60025 Mon. - Fri. 5pm - 9pm, Sat. - Sun. 8am - 4pm

Crystal Lake 815-479-8020

525 Congress Parkway Crystal Lake, IL 60014 Mon. -Sun. 9am - 8pm

Gurnee 630-249-2800

1445 Hunt Club Road Gurnee, IL 60031 Mon. -Sun. 7am - 10pm

Round Lake Beach 847-740-2500

2 East Rollins Road Round Lake Beach 60073 Mon. -Sun. 8am - 8pm

Vernon Hills 847-680-0500

6 Phillip Road Vernon Hills, IL 60061 Mon. -Sun. 8am - 8pm

SOUTH SUBURBS

Olympia Fields 708-481-888

4001 Vollmer Road Olympia Fields, IL 60461 Fri. 5pm - 10pm Sat. 12pm - 8pm, Sun. 10am - 6pm

WESTERN SUBURBS

Downers Grove 630-275-6840

6840 South Main Street
Downers Grove, IL 60516
Mon. - Fri. 8am - 8pm, Sat. - Sun. 8am - 6pm

Lemont 630-243-7100

15900 W. 127th Street Lemont, IL 60439 Mon. – Fri. 10am - 8pm, Sat. - Sun. 8am - 6pm

CENTRAL ILLINOIS

Franklin 309-268-2727

1302 Franklin Avenue. Suite 1100 Normal, IL 61781 Mon. - Fri. 12pm - 8pm

Bloomington 309-556-7556

3024 East Empire, First Floor, Bloomington, IL 61704 Mon. - Fri. 7am - 8pm, Sat. - Sun. 8am - 5pm

Coverage Period: 01/01/2022 – 12/31/2022 Coverage for: Individual| Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 773-385-9300. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov or call 773-385-9300 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$100	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of <u>covered</u> <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$1,500 In-Network Medical Benefit \$3,600 In-Network Prescription Drug Benefit	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Any amounts not paid by the Plan for out-of-network charges, non-covered charges, or penalties	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.advocatehealth.com or call 1-800-3ADVOCATE for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.

		What You Will Pay		Limitations Everytions 9 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care	Primary care visit to treat an injury or illness	\$10 copayment	Not Covered	
provider's office or	Specialist visit	\$10 copayment	Not Covered	
clinic	Preventive care/screening/immunization	No charge	Not Covered	
If you have a toot	Diagnostic test (x-ray, blood work)	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	
If you have a test	Imaging (CT/PET scans, MRIs)	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	
If you need drugs to treat your illness or	Generic drugs – Medication Cost at point of sale \$0-\$15 Greater than \$15	\$1 <u>copayment</u> 40% <u>coinsurance</u>	Not Covered	You must use your Optum prescription care to receive these discounts.
condition More information about prescription drug coverage is available at	Preferred brand drugs – Medication Cost at point of sale \$0 - \$30 Greater than \$30	\$8 <u>copayment</u> 40% <u>coinsurance</u>	Not Covered	You must use your Optum prescription care to receive these discounts.
Optum 1-888-354-0090	Non-preferred brand drugs – All Cost	40% coinsurance	Not Covered	You must use your Optum prescription care to receive these discounts.
	Specialty drugs	Not Covered	Not Covered	Not Covered
If you have autoptions	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization .
If you have outpatient surgery	Physician/surgeon fees	10% coinsurance	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .
If you need immediate medical attention	Emergency room care	\$100 <u>copayment</u>	\$100 <u>copayment</u>	\$100 copayment is waived if admitted to the hospital. If you receive treatment in a hospital emergency room for a condition that DOES NOT meet the Plan's definition of an

		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
				emergency, the benefits you would have otherwise received for that treatment will be reduced by 50%.	
	Emergency medical transportation	10% <u>coinsurance;</u> <u>deductible</u> applies	10% <u>coinsurance;</u> <u>deductible</u> applies		
	<u>Urgent care</u>	\$10 copayment	Not Covered		
If you have a hospital	Facility fee (e.g., hospital room)	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization	
stay	Physician/surgeon fees	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization .	
If you need mental	Outpatient services	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered		
health, behavioral health, or substance abuse services	Inpatient services	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .	
	Office visits	\$10 copayment	Not Covered		
	Childbirth/delivery professional services	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered		
If you are pregnant	Childbirth/delivery facility services	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .	
If you need help recovering or have other special health needs	Home health care	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization	

		What You Will Pay		What You Will Pay		Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information		
	Rehabilitation services	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .		
	Habilitation services	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .		
	Skilled nursing care	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Subject to 90-day calendar year maximum. Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .		
	Durable medical equipment	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization .		
	Hospice services	10% <u>coinsurance;</u> <u>deductible</u> applies	Not Covered	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .		
If your shild poods	Children's eye exam	Not Covered	Not Covered			
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered			
action of ogo out	Children's dental check-up	Not Covered	Not Covered			

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
 Cosmetic Surgery
 Dental care (Adult)
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 Long-term care
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 Routine eye care (Adult)
 Routine foot care
 Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (must meet all criteria: your Primary Care Physician has recommended the treatment, your Primary Care Physician states you are at least 100 pounds over your medically desirable weight, you have a body mass index of 45 or more, the obesity is a threat to your life due to life threatening comorbidities, such as diabetes, heart disease, hypertension, etc., you have a documented history of unsuccessful attempts to reduce weight by more conservative measures, you have successfully completed a psychiatric evaluation and have no psychiatric conditions which may reduce the chances the surgery will have long-term success, you actively participate in a Disease Management program with Hines & Associates for six months prior to surgery which includes nutritional counseling and a weight reduction program, and you have not had any form of bariatric surgery in the past. Revision bariatric surgeries are not covered under the Plan.
- Chiropractic care (Chiropractic Care is covered at 50% with a calendar maximum of 20 visits).

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[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 773-385-9300.]

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



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Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$100
■ Specialist [cost sharing]	\$10
■ Hospital (facility) [cost sharing]	10%
■ Other [cost sharing]	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

\$12,700
\$100
\$0
\$1250
\$60
\$1400

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$100
■ Specialist [cost sharing]	\$10
■ Hospital (facility) [cost sharing]	10%
■ Other [cost sharing]	10%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
Copayments	\$20
Coinsurance	\$1500
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1600

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$100
■ Specialist [cost sharing]	\$10
■ Hospital (facility) [cost sharing]	10%
■ Other [cost sharing]	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
Copayments	\$100
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$
The total Mia would pay is	\$400

Coverage Period: 01/01/2022 – 12/31/2022 Coverage for: Individual| Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 773-385-9300. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov or call 773-385-9300 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$150 In-Network \$300 Out-of-Network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of <u>covered</u> <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$1,500 In-Network Medical Benefit \$5,100 In-Network Prescription Drug Benefit	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Any amounts not paid by the Plan for out-of-network charges, non-covered charges, or penalties	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. The <u>network</u> is HealthLink 1-800-624-2356	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019) (DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

		What You Will Pay		Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$15 copayment	50% <u>coinsurance;</u> <u>deductible</u> applies	
	Specialist visit	\$15 copayment	50% <u>coinsurance;</u> <u>deductible</u> applies	
Cilino	Preventive care/screening/ immunization	No charge	50% <u>coinsurance;</u> <u>deductible</u> applies	
If you have a test	Diagnostic test (x-ray, blood work)	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	
If you have a test	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at Optum 1-888-354-0090	Generic drugs – Medication Cost at point of sale \$0-\$15 Greater than \$15	\$1 <u>copayment</u> 40% <u>coinsurance</u>	Not Covered	You must use your Optum prescription care to receive these discounts.
	Preferred brand drugs – Medication Cost at point of sale \$0 - \$30 Greater than \$30	\$8 <u>copayment</u> 40% <u>coinsurance</u>	Not Covered	You must use your Optum prescription care to receive these discounts.
	Non-preferred brand drugs – All Cost	40% coinsurance	Not Covered	You must use your Optum prescription care to receive these discounts.
	Specialty drugs	Not Covered	Not Covered	Not Covered
If you have outpotiont	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization .
If you have outpatient surgery	Physician/surgeon fees	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .
If you need immediate medical attention	Emergency room care	\$200 copayment	\$200 <u>copayment</u>	\$200 copayment is waived if admitted to the hospital. If you receive treatment in a hospital emergency room for a condition that

		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Important Information	
		(You will pay the least)	(You will pay the most)	DOES NOT meet the Plan's definition of an emergency, the benefits you would have otherwise received for that treatment will be reduced by 50%.	
	Emergency medical transportation	20% <u>coinsurance;</u> <u>deductible</u> applies	20% <u>coinsurance;</u> <u>deductible</u> applies	1000000 27 00 /01	
	<u>Urgent care</u>	\$15 copayment	50% <u>coinsurance;</u> <u>deductible</u> applies		
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .	
	Physician/surgeon fees	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies		
If you need mental	Outpatient services	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies		
health, behavioral health, or substance abuse services	Inpatient services	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .	
	Office visits	\$15 copayment	50% <u>coinsurance;</u> <u>deductible</u> applies		
If you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies		
ii you are programe	Childbirth/delivery facility services	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .	
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .	

		What You Will Pay		Limitations Evacations 9 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Rehabilitation services	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .
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	Skilled nursing care	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Subject to 90-day calendar year maximum (in-network and out-of-network benefits combined). Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .
	Durable medical equipment	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization .
	Hospice services	20% <u>coinsurance;</u> <u>deductible</u> applies	50% <u>coinsurance;</u> <u>deductible</u> applies	Contact Hines & Associates, Inc. at 888-827-7926 or www.precertcare.com for preauthorization . \$100 penalty for no preauthorization .
If your child needs	Children's eye exam	Not Covered	Not Covered	
dental or eye care	Children's glasses	Not Covered	Not Covered	
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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

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Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$150
■ Specialist [cost sharing]	\$15
■ Hospital (facility) [cost sharing]	20%
■ Other [cost sharing]	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$150	
Copayments	\$0	
Coinsurance	\$2500	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2700	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$150
■ Specialist [cost sharing]	\$15
■ Hospital (facility) [cost sharing]	20%
■ Other [cost sharing]	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$150	
Copayments	\$30	
Coinsurance	\$1500	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1700	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$150
■ Specialist [cost sharing]	\$15
■ Hospital (facility) [cost sharing]	20%
■ Other [cost sharing]	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$150	
Copayments	\$200	
Coinsurance	\$300	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$650	

OUR EXPERIENCEWORKS FOR YOU!

Hines has a solid reputation nationwide for proactive, innovative, and professional health care management.

For more information please check with your human resource department or with the plan administrator whose number is on your benefit card.





PERSONALIZED MANAGED HEALTHCARE

HINES & ASSOCIATES, INC.

Corporate Office 115 East Highland Avenue Elgin, IL 60120

www.hinesassoc.com www.precertcare.com



HINES & ASSOCIATES, INC.

YOUR CASE MANAGEMENT BENEFIT

YOUR HEALTH IS OUR MAIN CONCERN



WHO IS HINES & ASSOCIATES

Hines & Associates, Inc. is the company chosen by your health benefit plan to provide Case Management Services for you and your eligible dependents.

WHAT IS CASE MANAGEMENT

The purpose of the Hines' Case Management program is to help insureds/members who may be experiencing a potentially serious health condition. You will work with a registered nurse who will understand your condition, needs and concerns. The Hines nurses' goals are for you to be knowledgeable about your medical condition, involved in your care, and assist with the coordination of your care.

Hines is HIPAA (Health Insurance Portability and Accountability Act) compliant and all medical information we receive from you or your physician will be protected.

WHAT WILL THIS SERVICE COST ME

This service is free to you. It is part of your benefit plan in an effort to help you understand your medical care and diagnosis.

HOW DOES THE CASE MANAGEMENT PROCESS BEGIN

- You may be identified as a candidate for case management due to a recent health episode
- Self referral: If you've recently been diagnosed with an illness you don't understand and feel you need help

FOR CASE MANAGEMENT SELF REFERRAL, CALL HINES TODAY AT 1-800-592-8097

HOW DO YOU KNOW IF YOU ARE PRECERTIFIED?

Hines will send you a "personal and confidential" letter. If you do not get a letter in five business days, call Hines' toll-free number shown on the back of your benefit card, or contact your Benefit Manager or your Human Resource Department.

If you are not approved, you and your doctor can disagree with Hines' decision. You will receive a letter that explains your rights and the next step you should take.



REMEMBER, PRECERTIFICATION DOES NOT GUARANTEE PAYMENT OF BENEFITS.

IF YOU HAVE QUESTIONS ABOUT YOUR BENEFITS, CHECK WITH YOUR BENEFIT MANAGER OR HUMAN RESOURCE DEPARTMENT.

OUR EXPERIENCE WORKS FOR YOU

UTILIZATION REVIEW (UR) PATIENT'S RIGHTS AND RESPONSIBILITIES

UR participants have the right to:

- Know we only make decisions on medical necessity.
 It is not a guarantee the claim will be paid.
- Promptness from start to finish of the process.
- Information on the UR process and how things are done.
- Assistance from our customer service team and nurses.
- Confidentiality. To have their information released only to appropriate parties.
- Receive UR services without discrimination.
- Be treated with respect.
- Be able to voice complaints without fear.

UR participants have the responsibility to:

- Contact us in a timely manner to start the precert process.
- Call us back if we contact them.
- Verify benefits and eligibility with the claim payor.
- Check the PPO status of the providers they are using. If out of network, to check with their claim payor to see if their benefits will be reduced.



PERSONALIZED MANAGED HEALTHCARE

HINES & ASSOCIATES, INC.

Corporate Office 115 East Highland Avenue Elgin, IL 60120 \$1NCE -1987

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IT'S EASY TO PRECERTIFY!

Important Information About Your Medical Benefits.







YOUR HEALTH IS OUR MAIN CONCERN

HINES & ASSOCIATES,
EXPERTS IN HEALTHCARE,
HAVE BEEN SELECTED
TO HELP YOU WITH THE
"PRECERTIFICATION"
PROCESS.



When you or your dependents have been told by a doctor that a hospital stay, medical testing, procedure or surgery is needed, you must "precertify". This is what you must do to seek approval for the hospital stay or procedure.

Remember, if you do not precertify, your medical benefits could be reduced. Maternity precertification can be started as soon as you become aware of your pregnancy.



The goal of precertification is to help you receive quality care. Care that is medically necessary and the least invasive with the best outcomes.

Sometimes more conservative options can have the same results with less risk.

WHAT INFORMATION DO YOU NEED WHEN YOU CALL?

- Address, phone, and ID number
- Workplace name and phone number
- Doctor's name, address, and phone number
- Hospital or facility's name and phone number
- Diagnosis and kind of surgery
- Date of admission or surgery

WHAT IF YOU GET A RECORDING?

Leave your name and phone number and Hines will contact you. In most cases, your phone call will meet the necessary requirement of your benefit plan.

CALL! IT'S FREE!

When you call Hines, you will work with a Registered Nurse who will make sure you receive the support you deserve.

The toll-free number to reach Hines is on the back of your medical benefit card, or contact your Benefits Manager or Human Resource Department.

Or precert online at www.precertcare.com